

PRELIMINARY ITINERARY

Hudson Valley Knitters Retreat

Thurs. April 20 – Sun. April 23, 2017

Christ the King Spiritual Life Center, Greenwich, NY

Hosted by: Cornwall Yarn Shop and Battenkill Fibers Carding & Spinning Mill

- Thurs. afternoon Arrive at retreat center between 1 and 4; and once settled visit cashmere goats raised by the Sisters of St. Mary at the retreat center, relax, introduction to the retreat knitting project by project designer (Carol Puntel, CarolKnits Design), and Hudson Valley slow fashion sustainability principles. Guest speaker - Laura Sansone, Parsons/Textile Lab. Dinner (included).
- Fri. morning After breakfast (included), knit, relax, walk, and dye workshop with Lilly Marsh (at retreat center) to dye accent color yarn for retreat knitting project.
- Fri. afternoon Following lunch (included), visit Foster Sheep Farm and Yarn Shop (Schuylerville), visit and shop at Battenkill Fibers Carding and Spinning Mill (Greenwich), and wine tasting/shopping at Victory View Vineyards (Easton). Dinner (included).
- Sat. morning - After breakfast (included), knit, relax, and walk or optional Yoga class at retreat center (\$10/person – with an excellent local instructor)
- Sat. afternoon Following lunch (included), visit Alpacas of Haven Hill (Greenwich) and then head to Historic Shirt Factory workshops (Glens Falls) of weaver Lilly Marsh and felt maker Robin-Blakney-Carlson/Lucky Stone Studios, and beer tasting/shopping at Argyle Brewery (Greenwich). Dinner (included).
- Sun. morning Pancake breakfast (included) at Mapleland Farms (Salem), visit to Blind Buck Mohair Farm and Yarn Shop (Salem).
- Sun. afternoon Depart for home after lunch (included).

About the Retreat Knitting Project - This will be a wrap-style shawl using three skeins of DK weight yarn spun at Battenkill Fibers from a blend of Foster Sheep Farm wool, Alpacas of Haven Hill alpaca, and Blind Buck Farm mohair. One skein will be dark natural color, one skein ecru, and the third skein to be an accent color that you will kettle-dye yourself during the Saturday morning of the retreat. **Yarn and dyeing workshop costs are included in registration fees.**

About the Retreat Center – Some walking, including stairs, is required. Our base, including parking, will be the Library Complex near the front gate. Meals will be served in Main Dining Room at the top of the hill. No alcoholic beverages served or allowed in Dining Room (fine to BYOB to Library common spaces and your room).